



Allergens

Le tableau représente les allergènes contenus dans les plats. Veuillez noter que tous les plats peuvent contenir du lait, des œufs, des arachides, des noix, du soya, du poisson, des crustacés et des mollusques, du sésame, du gluten, de la moutarde et des sulfites.

Menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, crustaceans and shellfish	Sesame	Wheat and gluten sources	Sulfites	Mustard
Appetizers (dips not included)										
Chicken wings										
Crispy chicken wings								X		
Garlic sticks	X				X			X		
Garlic sticks au gratin	X				X			X		
Cheese sticks	X				X			X	X	
Fried calamari						X		X		
Assorted appetizers / Mix Mikes	X	X			X	X		X	X	
Vegetable juice										
Tomato juice										
Onion rings					X			X		
Bruschetta rolls	X	X			X			X	X	
Dips / sauces										
Pizza sauce					X					
Submarine oil										
Spicy mustard					X		X		X	
Basil aioli dip		X								
Arrabbiata dip										
Southwestern dip	X	X								
Sweet & spicy sauce										
Tartar sauce		X							X	
Soups										
Tomato and basil bisque	X							X		
Cream of broccoli	X				X			X		
Homemade beef and vegetable soup		X			X			X		
French onion soup					X					
French onion soup au gratin	X				X			X		

Menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, crustaceans and shellfish	Sesame	Wheat and gluten sources	Sulfites	Mustard
Minestrone soup	X	X						X		
Bacon parmentier soup	X				X			X		
Chicken noodle soup		X			X			X		
Accompagnements										
Fries						X				
Seasoned fries						X		X		
Caesar salad (appetizer size)	X	X			X	X		X	X	X
Homemade salad, without dressing										
Salades										
Chicken Caesar	X	X			X	X		X	X	X
Caesar with vegetable protein	X	X			X	X		X		X
Fresh-Thai					X		X	X	X	
Pâtes (sans petit pain)										
Cavatappi au gratin	X							X	X	
You're the chef! Alfredo sauce	X							X	X	
You're the chef! Alfredo sauce with chicken strips	X				X			X	X	
You're the chef! Neapolitan sauce								X	X	
You're the chef! Neapolitan sauce with chicken strips	X				X			X	X	
You're the chef! Rosée sauce	X							X	X	
You're the chef! Rosé sauce with chicken strips	X				X			X	X	
Lasagna bolognese	X	X						X	X	
Linguini carbonara	X				X			X	X	
Linguini carbonara with chicken strips	X				X			X	X	
Linguini carbonara with vegetable protein	X				X			X	X	
Seafood linguini	X	X			X	X		X	X	
Classic Mac & cheese	X				X			X		
Pennine chicken and broccoli	X				X			X	X	
Pennine vegetable protein and broccoli	X				X			X	X	
Spaghettini bolognese								X	X	
Pizzas										
Carnivore	X	X			X			X		
Carnivore (cauliflower crust)	X	X			X			X		
Carnivore with vegan cheese	X	X			X			X		
Seafood	X	X			X	X		X	X	

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Seafood (cauliflower crust)	X	X			X	X		X	X	
Seafood with vegan cheese	X	X			X	X		X	X	
Internationale	X	X			X			X		
International (cauliflower crust)	X	X						X		
International with vegan cheese	X	X			X			X		
Field of dreams	X	X			X			X	X	
Field of dreams (cauliflower crust)	X	X							X	
Field of dreams with vegan cheese	X	X			X			X	X	
Neapolitain	X	X			X			X		
Neapolitain (cauliflower crust)	X	X								
Neapolitain with vegan cheese	X	X			X			X		
Pepperoni	X	X			X			X		
Pepperoni (cauliflower crust)	X	X						X		
Pepperoni with vegan cheese	X	X			X			X		
BBQ Chicken	X	X			X			X		X
BBQ Chicken (cauliflower crust)	X	X							X	
BBQ Chicken with vegan cheese	X	X			X			X		X
Philly steak	X	X			X			X		
Philly steak (cauliflower crust)	X	X			X			X		
Philly steak with vegan cheese	X	X			X			X		
All-dressed	X	X			X			X		
All-dressed (cauliflower crust)	X	X						X		
All-dressed with vegan cheese	X	X			X			X		
Vegetarian	X	X			X			X		
Vegetarian (cauliflower crust)	X	X								
Vegetarian with vegan cheese	X	X			X			X		
Submarine										
Co-Star®	X				X			X		
Foccacia cantonnier club	X	X			X			X		
Foccacia cantonnier club with vegetable proteins	X	X			X			X		
Hot Luke®	X				X			X		
Fields of dream	X				X			X	X	
Superstar®	X				X			X		
Western	X				X			X		

Menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, crustaceans and shellfish	Sesame	Wheat and gluten sources	Sulfites	Mustard
Poutines										
Spicy chorizo Poutine	x	x			x			x		x
Superstar® Poutine	x	x			x			x		x
Taste-Thai Poutine	x	x			x	x	x	x	x	x
Traditional Poutine	x	x			x			x		x
Duettos										
Seafood casserole (no side)	x	x			x	x		x	x	
Fried chicken fillets	x	x			x	x		x		x
Fish & chips with tartar sauce (without side dishes)	x	x			x	x		x		x
Panzerotti	x	x			x			x		
All dressed pizza with Caesar salad	x	x			x	x		x	x	x
All dressed pizza with spaghetti bolognese	x	x			x			x	x	
Chicken parmigiana (no side dish)	x				x			x		
Bruschetta rolls and linguini carbonara with arrabiata sauce	x	x			x			x	x	
Promo fumée 2024										
Artisanal smoked bacon Panzerotti	x	x			x			x		x
Artisanal smoked bacon Panzerotti with vegan cheese	x	x			x			x		x
Penne with maple smokes salmon candies	x					x		x	x	
Smoked pork sub	x				x			x		x
Smoked pork and artisanal smoked bacon spaghetti	x							x	x	
Menu midi rapide										
Fried chicken fillets					x			x		
Panzerotti	x							x	x	
Fish & chips with tartar sauce (without side dishes)										
Penne chicken and broccoli moderate serving	x	x						x		
Brevages										
Soft drink (Pepsi)										
Soft drink (Pepsi Diet)										
Chocolate oatmeal drink										
Unsweetened oat beverage										
Unsweetened vanilla oat beverage										
Guru										
Milk	x									
Milk chocolate	x									

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Apple juice										
Orange juice										
Desserts										
Beignes d'Antan honey-glazed doughnuts without coulis	x						x			
Classic Brownie	x	x		x	x		x			
Hercules chocolate cake	x	x			x		x	x		
Timeless cheese cake without coulis	x	x			x		x			
Velvety carrot cake	x	x			x		x			
Homestyle sugar pie	x	x			x		x			
Desserts midi										
Beignes d'Antan honey-glazed doughnuts without coulis	x						x			
Classic Brownie	x	x		x	x		x			
Velvety carrot cake	x	x			x		x			